

Substance Abuse



What is drug addiction?

Substance abuse is the use of substances that adversely affect the functions of the body, and therefore the use of these substances cannot be discontinued in the event of damage.





The addict experiences **withdrawal symptoms** when he discontinues **substance use**. It increases the frequency **and dose of substance** use over time.

What to do?

If the person is under the influence of the substance, it is not helpful to talk to him.

Don't talk to him until you feel ready.

Be open, sincere and convincing, don't give advice. Avoid making generalizations.





Do not speak based on your fears. Avoid tagging it, because it is very difficult to approach the person labeled “user”. Be aware of your prejudices (“These will not prosper”), this reducing the possibility of miscommunication.



Try to understand, to
think, experience and
experience your fears.
Convince him with a
sincere approach to get
expert help.



